

# MEET THE REAL



## **Arts crowd** knows when to make a stink

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Your essential daily news | TUESDAY, APRIL 28, 2015

High 4°C/Low 0°C Cold and wet

## Closing n on 40

of surgeries

HEALTH

Officials hope to ID cause ofsurgery postponements



Ruth **Davenport** Metro | Halifax

A senior director of the QEII Health Sciences Centre says answers on the source and identity of the black dust that has

forced the cancellation of hundreds of surgeries over the last week are expected by the end of the week.

Karen Mumford said samples of the debris were collected from the three sterilizers at the Halifax Infirmary and are being tested at an off-site lab.

"We haven't got confirmation on exact arrival of the report, but that it will be this week," she said. "So we're hoping it will be sooner rather than later."

Mumford said 387 elective or non-urgent surgeries have been postponed since April 20 because of a lack of sterilized equipment and instruments.

About 80 procedures were cancelled per day last week, but Mumford said that number was down to 46 on Monday, thanks to an increase in sterilized equipment obtained from partners in the Nova Scotia Health Authority and the Victoria General.

Mumford said clinical chiefs and department heads are meeting on a daily basis to assess which of the elective surgeries can be postponed and which are more time sensitive.

"Our emergent and urgent (surgeries) continue to be our priority,"

she said. "However ... we are also looking at other time-sensitive surgeries, like cancers."



## **Welcome to spring in Halifax**

Tourists from the Phoenix Reisen Amadea cruise ship are reflected in the window of the Nova Scotia Power building as they walk along the waterfront back to their ship. Monday marked the official start of this year's cruise ship season and visitors were welcomed with cold, wet weather. See metroNEWS. JEFF HARPER/METRO



# Get your foot off the gas and on the green.

Live where you play, 3 minutes past Bayers Lake. The Links at Brunello opens June 15th! Active listings online! Exit # 3 off the 103 Sales Centre Open House, Sundays 2 to 4



Liberal Gov" REDUCE illing the howledge conomy

Larry Haiven, left, of Saint Mary's School of Business, and Jason Haslam, an English professor at Dalhousie University, stand with dozens of other protesters at Province House Monday.

## 'This bill is unconstitutional'

**EDUCATION** 

#### **University** faculty, students rally against Bill 100



A crowd of protesters rallied outside Province House Monday, demonstrating against Bill 100, a new bill they fear will grant sweeping powers to university administration, while leaving students, faculty

and staff in the dark.

'This bill is unconstitutional," said Marc Lamoureux, president of the Saint Mary's University Faculty Union and president of the Association of Nova Scotia University Teachers.

Last week, the Liberal government tabled Bill 100, called the Act Respecting Accountability and Sustainability of Universities, which gives the Department of Labour and Advanced Education more power to intervene when a university's deficit runs too deep in the red and requires digging out.

However, university employees and faculty have

sounded the alarm after learning that included in the bill is an option for administration to enter into a "revitalization planning process," if the province determines they have a 'significant operating deficit."

Under the new process, the bill forbids unionized employees from striking or pursuing any grievances related to the revitalization or the university.

Lamoureux was one of more than 100 protesters who decried the new bill and the Liberal government by circling Province House, chanting and marching to the banging of drums.

Several protesters donned

the academic freedom of faculty to speak out against their university's actions. 'This is an important part of rights of faculty, to be able to criticize the institution for the way it's conducting business," whether financial or

full academic dress, demon-

strating against what Lamou-

reux believes is an unpreced-

ented attack on the rights of

university workers, saying by

taking away the right to strike,

university unions are essen-

Of equal concern was his

fear that the new bill stifles

tially rendered powerless.

otherwise, he added. Many students rallied alongside university faculty and staff during Monday's protest, voicing their disdain for the province's new budget that lifts the cap on tuition for out-of-province and graduate students.

"Ultimately, the Nova Scotia government is saying to stuPROTEST

#### More than 200 march during Cape Breton **University rally**

Cape Breton University faculty association members marched with more than 200 other faculty and representatives of the Canadian Union of Public Employees at a similar rally in Sydney on Monday.

James Gerrie, associate professor of philosophy and religious studies at CBU.

said he's worried about what the province's "corporate agenda" will do to post-secondary education.

"It means just paring it down to whatever services they think are useful to them," he said. "I think that's where the government's in-terests really lies. The higher education of young people should be all about opening up their minds.

CAPE BRETON POST

dents and to youth that they have no vision for post-secondary education," Michaela Sam, chairperson for the provincial chapter of the Canadian Federation of Students said Monday.

She explained the new bill "leaves students out of the conversation of university governance," and when coupled with the forthcoming tuition changes, just pushes more young people out of the province, instead of fighting back against youth out-migration.

"We know youth and students aren't a priority for this government and that needs to change," she said Monday.



Bill 100 is a bill that will affect students, faculty and staff of our institutions. When coupled with the Nova Scotia budget, is ultimately going to be devastating to the post-secondary education system.

Michaela Sam

# Halifax youth rally for Nepal after earthquake

Students fear for friends, family and those in need



Haley Ryan Metro | Halifax

A group of young people in Halifax is raising money for Nepal after a massive earthquake ripped through the country they once called home.

The Druk Atlantic Youth Society formed in 2011 to help those in need, member Rupesh Dhungana said Monday, and is mostly made up of young people from Bhutan whose families took refuge in Nepal in the 1990s before coming to Canada.

"It's a time for us to help Nepal because (it's) a very small and very poor country and Nepal has done a lot to (help) the foreign countries when they are in need," Dhungana, 24, said on Monday.

Since the earthquake hit on Saturday, badly damaging villages and the capital of Kathmandu, the death toll has risen past 3,000 with search-and-



Red Cross donations are accepted at redcross.ca/ Nepal, 1-800-418-1111 or the Druk Atlantic Youth Society at dhungana. rupesh@vahoo.com.



Sunita Dhangal, left, Narayan Dhungana, Yamuna Baral, Kharga Rai, Niru Mahat and Rupesh Dhungana, from the Druk Atlantic Youth Society, pose for a photo at Halifax West High School on Monday. JEFF HARPER/METRO

rescue efforts still underway.

Dhungana, a Saint Mary's University student who moved here in 2010 as a refugee with his family, said he has relatives and friends back in Nepal for whom he's prayed the past few days, but he hasn't been able to make contact with them.

"It was like a nightmare," Dhungana said about watching news coverage of the earthquake and seeing children crying in the streets, not knowing where their parents were.

"We all feel very helpless,

and at the same time I thought sitting in the ... sofa and looking at the news doesn't make sense - we have to help those people."

The youth group has been fundraising for UNICEF and Red Cross efforts in Nepal since Saturday, Dhungana said, and had raised \$1,173 through its online donation page by Monday afternoon.

The earthquake appears to have not been quite as devastating in the western part of the country where he once lived, Dhungana said.

He remembers travelling two days on the bus with his father to visit the nation's capital.

"Kathmandu is a holy place, is a pilgrimage place," Dhungana said.

"I still remember some of the temples I visited ... and

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some of the historical buildings, but they are collapsed now.

Dhungana said his group will be visiting schools like Halifax West High and NSCC's Aviation Institute, as well as fundraising in downtown Halifax this week.

## **Girl offered** cash to get into car, police say

Halifax police are praising a young girl who immediately turned down a stranger who offered her money to get in his car.

'She didn't stick around, she didn't think twice - she ran," said Halifax Regional Police Const. Pierre Bourdages. 'She ran from the area, ran to the school and she let someone know."

The 11-year-old was walking on Castle Hill Drive around 8:40 a.m. Monday on her way to École Grosvenor Wentworth Park School.

Police say a man in a car pulled up next to her, rolled down the passenger-side window and offered her \$100 to drive her to school.

"It's kind of disturbing," said Bourdages.

The girl wasn't hurt or touched, and Bourdages said police were able to respond to the area quickly.

Officers weren't able to locate a suspect, but Bourdages said the young girl's timely actions meant police were able to quickly publicize the incident.

'That way everybody in the area knows and knows to be on the lookout," said Bourdages. "It's just a reminder for people and parents to speak with their kids about what to do when they encounter that type of situation."

The man is described only as a white man in his 40s with short brown hair, who was smoking a cigarette at the time of the incident. The car is described as light-coloured.

RUTH DAVENPORT/METRO



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Joshua Santimaw, Barrister and Solicitor

4 Tuesday, April 28, 2015 Halifax | Metr® NEWS

# Fire destroys vehicle in court parking lot

#### TRURO

#### 'I could've been driving it,' shocked lawyer says of wreck

Rob Sutherland looked on at the remains of his still smouldering car and expressed a note of relief.

"I could've been driving it," the Pictou lawyer said of his badly damaged 2005 Ford Freestyle, which had just been extinguished by Truro firefighters.

"I only arrived about 20 minutes before I was alerted," he said while standing in the parking lot of the provincial court building.

Truro Fire Department Chief Blois Currie said his members were called out at 9:17 a.m. on Monday to respond to a blaze in the vehicle's engine compartment.

At the fire's peak, flames



Flames shoot out of a vehicle's hood Monday at a court building in Truro. TRURO DAILY NEWS

shot several feet in the air from under the hood and grill areas of the vehicle.

"We'll send it off to the pound here and we'll have our inspector look at it later on," Currie said. TRURO DAILY NEWS



I was having an interview with the Crown (attorney) on a file.

Pictou lawyer Rob Sutherland,

about when his car became engulfed in flames.

FAIRVIE

## 4 face drug charges after home searched

Police say two men and two women have been arrested and charged after a recent search of a Fairview home.

According to a release from Halifax Regional Police, officers searched the Ashdale Avenue residence on April 24 and seized cocaine, marijuana, prescription drugs and drug paraphernalia. Four people were arrested at the scene.

A 47-year-old woman, a 33-year-old man and a 44-year-old man were charged



The four suspects, who are all from Halifax, are scheduled to appear in Halifax provincial court on June 11.

with one count each of drug possession.

A 34-year-old woman was also charged with three counts of possession.

**DARTMOUTH** 

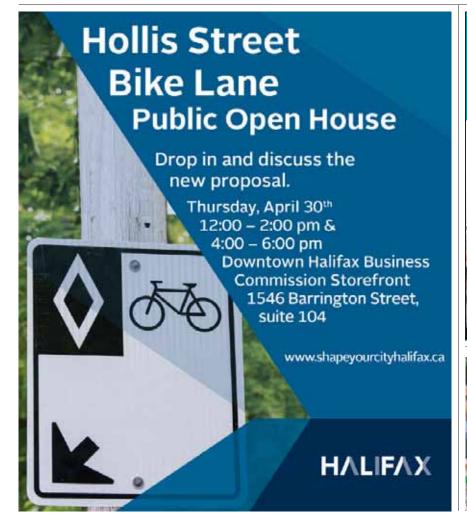
## Business damaged after shots fired

Police are investigating a report of shots being fired in Dartmouth which resulted in a business being damaged.

The report came in to police around 6 a.m. Monday from a resident in the 300 block of Windmill Road.

When officers arrived on scene, they determined a business on the street had their window shot at by either a pellet gun or BB gun. No one was injured.

Officers canvassed the area with a K-9 team but were unable to locate any suspects. METRO





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The vandalism on the Halifax Art Boat Project. FACEBOOK

# Local art project vandalized

GRAFFITI

'Let's have some fun', says museum curator



The Halifax Art Boat may have been the target of some trouble-makers this winter, but organizers aren't raising too much of a stink.

Lee Schuette, curator of visitor experience with the Maritime Museum of the Atlantic, said Monday he had to laugh

when he saw that someone had painted an extra yellow 'F' to the name of the boat so it now reads the Halifax Fart Boat Project.

"That was my first reaction, let's have a ham and

bean supper," Schuette said with a laugh about a potential gasinducing potluck."Let's have some fun."

After being built last year by multiple community groups, artists and with support from the Maritime Museum and HRM Community Art Program, Schuette said the museum is now the main sponsor of the boat that will be

used in various art events and museum programs this summer.

This year will be a dry one to avoid the need for safety equipment and liability issues by putting it in the water, Schuette said, so the boat will be on the boardwalk behind the museum as a piece the community can gather around and use for activities.

While the vandalism could have been "a whole lot worse," Schuette said he's thinking of following the lead of a New York artist who tracked down the people who trashed a piece of hers to educate them on public art.

"I want to ... figure out who's our graffiti artist, get in touch with them and make them realize that they're part of it,"

That was my first

reaction, let's

have a ham and

bean supper.

Lee Schuette

Schuette said.

Besides the vandal's handiwork, Schuette said the long and snowy winter left extra water inside the boat plus wear and tear, so this Friday will be a day

of clean up, painting and planning on the Art Boat.

"We're going to break out the bilge pumps and get extracting some water out of her," he said.

But will the Fart Boat be painted over and returned to its original name?

"We might work it out, but I haven't thought that far," Schuette said. "Not until after the ham and bean supper."

**EMPLOYEE DEATH** 

## Company found guilty of two offences

An electrical services company has been found guilty of two occupational health and safety offences after one of its employees was electrocuted while working at a job site in Halifax.

Christopher Boyle died on May 21, 2013, while working at a plaza at 201 Chain Lake Dr.

R.D. Longard Services was

charged with two offences: Failing to take every precaution reasonable in the circumstances to provide information necessary to Boyle's safety, and failing to ensure an electrical installation was serviced, repaired or dismantled according to code.

The provincial court convicted the company of both charges. THE CANADIAN PRESS



Police investigate an industrial accident behind 201 Chain Lake Dr. on May 21, 2013. JEFF HARPER/METRO FILE





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Halifax | metr@NEWS Tuesday, April 28, 2015



IN BRIEF

#### **Public services meeting** open to city's newcomers

Halifax city officials are inviting newcomers to the city to a free public session this week, showcasing the city's programs and services.

The first Get to Know Your Municipality event will begin at the Halifax Central Library on Spring Garden Road at 9 a.m. and runs until about noon. The city will offer workshops and information booths at which newcomers can learn about municipal services, such as solid waste and snow removal. Information will also be provided on opportunities to be a civic volunteer.

Interpretive services will be provided in several languages, and free childcare will be offered for attendees.

A release from the city states that more than 2,000 new immigrants move to Halifax every year. METRO

#### Man sentenced over botched pharmacy heist

A man was sentenced to a total of five-and-a-half years of federal time for his role in a recent botched robbery at the Clinic Pharmacy and other prescription drugrelated offences. Jonas Ephriam Hatt, 32, pleaded guilty in Kentville provincial court on April 21 to using threats of violence against two women in stealing prescription medication from Clinic Pharmacy and possessing drugs for the purpose of trafficking. Hatt committed the offences in Kentville on April 11. Hatt was sentenced to a total of five years and six months of federal custody on the eight counts. KINGS COUNTY REGISTER

## Cold-shoulder welcome for cruise ship visitors

TOURISM

#### **Temperatures** sit just above freezing mark as season opens



Stephanie Taylor Metro | Halifax

If it was adventure that hundreds of cruise ship passengers were looking for as their vessel docked in Halifax Monday morning, that's precisely what they got, so long as they remembered their rain jackets.

A mix of rain and wet snow, along with temperatures around zero degrees greeted approximately 600 visitors who arrived aboard a ship named Phoenix Reisen Amadea, marking the official opening of cruise season

And although it was a bit of a wetter start than many would have hoped for, a little rain didn't dampen the mood of the Halifax Port Authority.

"If they were interested in a

If they were looking for this warm tropical vacation, they would have signed up for it.

Lane Farguson, Halifax Port Authority

warm tropical cruise they would have booked a different cruise. This is more of an adventure," spokesman Lane Farguson said Monday, with a few laughs.

He explained a majority of passengers aboard Monday's ship are nearing the end of a 138-day voyage, which began in Nice, France last December and will end in Hamburg, Germany

Farguson said it was more of an adventure-style cruise, where passengers set out to have a down-to-earth experience of the places they visit, as opposed to that of just a tropical vacation.

"If they're looking for that authentic experience, this is what we experience on any given spring day," he said of our Maritime weather.

However, that appetite for adventure was all but lost on Germany-native and passenger Gerd Bruns, as he wandered along Hollis Street underneath a bright blue umbrella Monday. "It's too cold," he said.

In total, this cruise season is expected to attract 240,000 passengers and crew members to the city, Farguson said.

He added ships are expected to drop anchor around 144 times between now and the end of season in October, which is a new record for the city.



The Phoenix Reisen Amadea sits docked in Halifax on Monday. The vessel was the first ship to visit the region this year. JEFF HARPER/METRO



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#### Homeowners responsible for crusher dust removal: HRM

As the snow melts away in Halifax following one of the harshest winters in recent memory, some homeowners may be finding more than grass on their lawns.

Crusher dust — the rough aggregate used on snowy, icy sidewalks and streets when salt isn't effective - is left behind as snow banks begin to dwindle, and this year there's a lot of it.

"I know it's a bit of a pain, but obviously it was for safety reasons that we had it down during the winter," said Halifax Regional Municipality (HRM) spokeswoman Jennifer Stairs Monday.

"Everything's melting, so that's what's left.'

Stairs said the city used more than 14,000 tonnes of the crusher dust throughout February and March, significantly more than what the city normally goes through in a winter season.

the crusher dust is the responsibility of Halifax home-

"We do allow for small amounts to be disposed of in the regular garbage... if people don't have somewhere



I know it's a bit of a pain, but obviously it was for safety reasons that we had it down during the winter.

Jennifer Stairs

Although residents can call 311 to report physical damage to their property caused by snow removal equipment, Stairs said removing on their property where they can dump it," she said.

"We are asking that they don't put it in their green

# 4793 4793

WEATHER APRIL SHOWERS ON TRACK A CN crew works on the train tracks near Alderney Landing in Dartmouth on Monday in the pouring rain. Halifax received a mix of rain and snow throughout the day with more wet weather in the forecast for Tuesday. JEFF HARPER/METRO

## Oyez, Oyez, Oyez! **Crier among best**

#### **Nova Scotian** places second at international competition

New Glasgow has something to shout about.

James "Jim" Stewart recent-ly placed second in a town crier competition in Bermuda, beating a world champion in the process.

Stewart, who is the reigning Nova Scotia champion and current president of the Nova Scotia Guild of Town Criers, said he made the journey to the tropical island to represent the province at a competition held in honour of the 200th anniversary of Hamilton becoming the capital of Bermuda.

He previously competed in Bermuda in 2009 in celebration of the 400th anniversary

of the island's founding. The competition was over a

three-day period with a different cry held each day.

There were 25 competitors, including some of the best from around the world.

The competitors were judged in various categories, including sustained volume,

clarity, diction, inflection, bearing, confidence and content.

The first cry was to be about an annual event called the Peppercorn Ceremony. The second was about the 200th anniversary and the third was up to the town criers to choose.

Stewart went with a cry about the local beverage of choice — rum.

"In Bermuda they literally put rum in everything," he said. "They put it in their chowder. They put it in their cakes. They put it in their ice cream. You name it, it's there."

The cry appears to have ap-

pealed to the judges' tastes, as Stewart finished second. What was particularly sweet about the victory was that he beat Chris Whyman, the reigning world champion.

Stewart and Whyman have met on many occasions in the

past, but this is the first time Stewart has finished ahead of him.

"He's one of the best-known criers,' said Stewart.

The winner was Mark Wylie of the town of Calne in the United Kingdom.

But the fact of the matter is

all the criers were good. So good that Stewart was truly surprised when he heard his name called among the competition's best.

They were all excellent criers," he said. "I would sit there and listen and go, 'Oh my God."

TRURO DAILY NEWS

The number of

competitors in Bermuda,

including some of the best criers in the world.

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#### Hillcrest Volkswagen

#### 🛑 IN BRIEF

#### **Digby General Hospital** restricts visitors due to stomach bug

Officials at Digby General Hospital are limiting visitors to try to stop the spread of a gastrointestinal illness at the

The Nova Scotia Health Authority issued a press release April 27 asking that only immediate family members or a designated support person visit patients at the hospital.

Members of the public are asked to not visit hospital patients until further notice.

Immediate family members are asked to visit their family only. They are not to visit other patients' rooms or non-family members.

The authority reports some incidents of a gastrointestinal illness with diarrhea and vomiting at the inpatient medical unit. DIGBY COURIER

#### **DFO** confiscates \$5,775 worth of halibut

The Department of Fisheries and Oceans has seized almost 800 pounds of halibut in the Digby

Gary Hutchins of DFO confirmed the seizure happened April 23 and involved halibut that had not been properly hauled

Hutchins said the officers were on a routine

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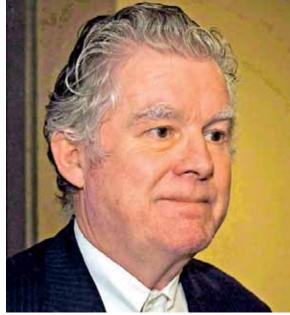
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patrol when they observed people loading hand crates onto a half-ton truck.

The officers seized six hand crates containing 770 pounds of halibut.

Halibut is selling for about \$7.50 a pound, making the seized fish worth about \$5,775.

Hutchins says no charges have been laid yet, but the investigation is ongoing. DIGBY COURIER



Ernest Fenwick MacIntosh was convicted of sexually abusing young boys at an orphanage in Nepal. THE CANADIAN PRESS

## esuits investigate MacIntosh

#### **Religious** order looks to prevent future sex crimes

Canadian Jesuits International is digging into the background of Ernest Fenwick MacIntosh as it looks to set up new protocols

governing people accessing the orphanages it operates.

In March, Mac-Intosh was sentenced by a Nepalese court to seven years in prison after finding the former Strait Area businessman guilty of sexually abusing a nineyear-old boy.

MacIntosh was arrested at a guest house in Kathmandu in December after complaints he had molested a minor who was under the care of a social service centre based in Jawalakhel.

MacIntosh arrived in Nepal in August and had been living

Bob Martin, who says MacIntosh abused him when he was a boy in Port Hawkesbury in the 1970s, was first contacted last week by an investigator from

the Toronto firm Xpera. He was subsequently interviewed on Sunday for several hours.

Martin says Canadian Jesuits are concerned that MacIntosh seemed to target children in church-run orphanages.

"They want to better screen volunteers, and obviously some complaints were made to them on behalf of other organizations and victims," he said.

MacIntosh was the sub-

ject of lengthy, highly pub-licized court proceedings in Nova Scotia, where he was convicted of 17 counts of abusing multiple boys.

The verdict was overturned on appeal due to delays in bringing him to

**Ernest MacIntosh** had 60 days to

appeal his sexual

Wednesday.

abuse conviction in

Nepal, which is due

to expire at midnight

While a simple Google search will turn up a host of news reports detailing the allegations against MacIntosh in the Strait Area case, Martin said the orphanage in Nepal may not have had reliable Internet access. A few phone calls asking about his background would have sufficed, he said.

"Anyone in the know would have alerted that MacIntosh was trouble." CAPE BRETON POST



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24 SUSSEX DRIVE

## Feds pay cool \$10K for a new ice maker



Joe Lofaro Metro | Ottawa

It's the Victoria Day long weekend and you and your dinner guests are basking in the sun, munching on nibblies while patties cook on the grill. You go inside to get something to cool your beverage and then it hits you: you have no ice.

It's a common enough dinner party faux pas that Prime Minister Stephen Harper and

A new ice

machine was

estimated to cost

about \$10,000.

his wife Laureen are hoping to avoid this spring now that the aging commercial ice machine in the basement of their official residence at 24 Sussex Drive has finally reached the end of the line.

So the National Capital Commission, which manages the historic home, replaced it with a new, heavy-duty machine to grace their kitchen, according to a Jan. 19 memo obtained by Metro under the Access to Information Act.

The federal Crown corporation figured it would take 45 days to replace the old machine with a new one, at a cost of about \$10,000. The machine alone was pegged to cost \$7,000, with an-

**IN BRIEF** 

No assisted-suicide laws

before election: MacKay

not introduce new legis-

lation to govern doctor-

assisted dying before the

expected October federal

election, Justice Minister

Peter MacKay said Monday.

Rather, said MacKay, the

government will soon reveal

The federal government will

other \$2,000 to \$4,000 for mechanical and electrical modifications to move the unit to the kitchen from the basement.

The new equipment is required to appropriately support the daily operation of the house as well as special events and functions," according to the memo.

Mark Kristmanson, head of the National Capital Commission, the Crown corporation which manages the Prime Minister's residence, gave the OK on the contract on Feb. 9.

"Please ensure that the costs are kept to a min-imum," wrote Kristmanson.

The National Capital Commission says the work has been done, but a spokesman wasn't able to say how much it cost. But the ma-

chine is just one of many repairs needed at the 147-year-old heritage building in recent years. It is well known that the home is in dire need of major updates, but Harper has reportedly refused to allow the restorative work.

The 10,850 square-foot residence is divided into two sections: private living quarters for the prime minister's family and a public section which usually is used to host luncheons and foreign visitors.

emotionally charged issue,

working behind the scenes

"You should not expect

that there will be any legis-

lation certainly before the

election, no," MacKay said.

struck down the prohibition

The Supreme Court

on physician-assisted sui-

adding that officials are

to frame the discussion.



Police remove four dumpsters from behind a homeless shelter Monday morning in connection with the investigation into the

# Winnipeg agencies urge precaution for homeless

#### Two men were 'brutally killed' over weekend



Shane Gibson Metro | Winnipeg

While investigators removed four dumpsters from behind Siloam Mission Monday, the agency and other organizations working with Winnipeg's homeless say they're making sure their clients are taking precautions after the bodies of two men were found downtown Saturday.

An employee at a business near Siloam said officers who arrived on scene shortly before 8 a.m. Monday told him the area behind the mission at 300 Princess St. was taped off and the dumpsters had tarps over them as part of the investigation into the homicides.

A video released by police on YouTube Monday said the public should expect to see police investigating the homicides at various alleyways in the downtown area.

Winnipeg's homeless and vulnerable community were warned Sunday after police say at least one suspect "brutally killed" two men within the span of four hours over the weekend.

Police say Donald Collins, 65, was found in the rear of 329 Hargrave St. around 12:45 a.m. and Stony Stanley Bushie, It's horrific and horrible.

Joel Cormie, with Lighthouse Mission

48, was found behind 333 Portage Avenue around 6:30 p.m.

Siloam's deputy director Laiza Pacheco said police didn't tell them what was of interest in the dumpsters, but the mission is cooperating with the investigation.

"We're trying to be as helpful as we can," she said.

Pacheco said the dumpsters could contain garbage from all aspects of the mission's work from food scraps to things thrown out by people staying overnight - as well as anything thrown in by passersby.

While police continue to investigate Pacheco said Siloam has put up posters about the crime up at the mission, and staff are making sure their clients know to be careful on the streets.

Joel Cormie, operations manager at Winnipeg's Lighthouse Mission, said his staff would be doing the same for the 250 people expected for lunch Mon-

day.

"Obviously it's horrific and horrible and we hope that the person is caught and brought to justice," he told Metro. "But whatever the reason it's happening we just hope that people are safe and they're taking the necessary precautions not to put themselves in harm's way."





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**10** Tuesday, April 28, 2015 World | metr

NEWS

## Help on the ground

The desperate effort to save lives in earthquake-ravaged Nepal intensified Monday as aid flights arrived carrying emergency medical teams, search-and-rescue equipment and tarps for shelter.

Governments, charities and development agencies also announced broader plans for further help to arrive in the coming days and weeks.

Priority at the damaged international airport in the Nepalese capital, Kathmandu, was given to aid flights carrying either doctors or search teams, said Capt. Chezki, an Israeli air force pilot who landed an early aid flight and then returned to Israel. He could only be identified by his first name according to Israeli military guidelines.

He told The Associated Press that not every flight that wants to land can do so because of conditions at the airfield.

"It's a challenge," he said. "A lot of the airport was damaged." He said his squadron dropped off boxes with aid as quickly as possible and set up camp to help the injured before returning to Israel with some injured people who were medically cleared for travel.

Aid experts said disruptions at the

airport a r e likely to continue, slowing the arrival emergency response fund and distributo help victims. tion of vitally

releasing \$15 million from its central

needed supplies.

Kipp Branch, senior medical supply officer for the MAP International charity, said the group is putting together an extensive medical supply shipment that will only be sent once it has clearance to land and distribute emergency health supplies intended to support 10,000 people for three months.

"The challenge now is getting the airport up and running," he said from Brunswick, in the U.S. state of Georgia, where he is organizing the shipment that will likely be sent from the Netherlands via a commercial cargo flight. Branch said the huge amount of aid being sent means the airport will be challenged to accommodate all of the flights.

United Nations spokesman Farhan Haq said the UN is releasing \$15 million from its central emergency response fund to help victims. But Haq also acknowledged problems getting relief supplies into the country and the pressure on the airport.

THE ASSOCIATED PRESS



Nepalese people affected by the recent earthquake queue to receive food from a non-governmental organization on Monday, in Kathmandu, Nepal. A strongmagnitude earthquake shook Nepal's capital and the densely populated Kathmandu valley on Saturday, devastating the region. Tens of thousands of Nepalese have been left shellshocked and sleeping in the streets as agencies scramble to respond to the crisis. MANISH SWARUP/THE ASSOCIATED PRESS

## Nepal quake death toll rises; villages ask for aid

#### Saturday's tremor was magnitude-7.8

As the death toll from Nepal's devastating earthquake climbed past 4,000, aid workers and officials in remote, shattered villages near the epicentre pleaded Monday for food, shelter and medicine.

Help poured in after Saturday's magnitude-7.8 quake, with countries large and small sending medical and rescue teams, aircraft and basic supplies. The small airport in the nation's capital, Kathmandu, was con-

gested and chaotic, with some flights forced to turn back early in the day.

Buildings in parts of the city were reduced to rubble, and there were shortages of food, fuel, electricity and shelter. As bodies were recovered, relatives cremated the dead along the Bagmati River, and at least a dozen pyres burned late into the night.

Conditions were far worse in the countryside, with rescue workers still struggling to reach mountain villages two days after the earthquake.

Some roads and trails to the Gorkha district, where the quake was centred, were blocked by landslides - but also by traffic jams that regularly clog the route

north of Kathmandu.

"There are people who are not getting food and shelter. I've had reports of villages where 70 per cent of the houses have been destroyed," said Udav Prashad Timalsina, the top official for the Gorkha region.

World Vision aid worker Matt Darvas arrived in the district in the afternoon and said almost no assistance had reached there ahead of him. Newer concrete buildings were intact, Darvas said, but some villages were reported to be devastated.

He cited a "disturbing" report from the village of Singla, where up to 75 per cent of the buildings may have collapsed and there has been no contact

since Saturday night.

In the villages that have been reached, World Vision said the greatest needs were for searchand-rescue teams, food, blankets, tarps and medical treatment.

Timalsina said 223 people had been confirmed dead in Gorkha district, but he presumed "the number would go up because there are thousands who are injured."

He said his district had not received enough help from the central government, but Jagdish Pokhrel, a clearly exhausted army spokesman, said nearly the entire 100,000-soldier army was involved in rescue operations.

"We have 90 per cent of the army out there working on

search and rescue," Pokhrel said. "We are focusing our efforts on that, on saving lives.'

Nepal's Home Ministry said the country's death toll had risen to 4,010. Another 61 were killed in neighbouring India, and China's official Xinhua News Agency reported 25 dead in Tibet. At least 18 of the dead were killed at Mount Everest as the quake unleashed an avalanche that buried part of the base camp packed with foreign climbers preparing to make their summit attempts.

At least 7,180 people were injured in the quake, police said. Tens of thousands are estimated to be left homeless.

THE ASSOCIATED PRESS

## Locals use selfies to capture loss of landmark



A man takes a selfie on Monday at the historic Dharahara Tower, a city landmark, that was damaged in Saturday's earthquake in Kathmandu, Nepal. BERNAT ARMANGUE/THE ASSOCIATED PRESS

Social media is a chronicle of life, and sometimes death. So it should be no surprise that a site of great human and cultural loss in Nepal's devastating earthquake is now barraged with the clicking of smartphones.

Near Kathmandu's famed Dharahara Tower, a historic nine-storey structure reduced to an enormous pile of red brick dust, dozens of people clambered around the debris clicking selfies and photos of their friends posing in front

of the wreckage.

The tower, built by Nepal's royal rulers in the 1800s, was one of the country's most treasured monuments, and was photographed far more than other buildings destroyed by Saturday's quake.

It is unclear how many people were killed in the tower, but it was believed to have been filled with tourists.

Pawan Thapa, a 21-year-old business student who arrived from the suburbs to try to help with the recovery effort,

was dismayed by the scene. Some of those taking pictures were smiling for the camera.

"This is earthquake tourism. This is not right," he said. "They are more interested in clicking their selfies than understanding that it is

a tragedy."

Most of those taking pictures, however, did not appear to be tourists but locals capturing the devastation of their community, and the loss of a landmark that had helped define it. THE ASSOCIATED PRESS



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#### **SKYMARK RENOVATIONS**

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## **SKYMARK RENOVATIONS**

## Navigating your reno road map

Skymark Renovations ensures clients feel like their house is a home

Do you want to renovate your home but don't know where to start or what to expect? You aren't alone.

"Even if you're taking good care of your home, you're going to need renovations at some point," says Evan Collins, general manager of Skymark Renovations. "We help our customers understand the renovation process in a clear and defined way so they're fully aware of everything they're getting into."

"At Skymark Renovations, we ensure all of our clients feel like their house is a home," says Rochelle Simpson, office manager and client care representative. "Renovations are how we maintain and improve upon living spaces we already love."

Skymark Renovations takes every client and their needs to heart, helping every client navigate the renovation process step by step, no matter how large or small the project.

"At Skymark, we are proud of the work we do, and treat each job as if the home were our own," says Wes Strome of Skymark Renovations.

"We recognize that you are entrusting us to improve the space in which you live your life. As such, we commit to carrying out the job with the integrity and passion that you deserve. When you invite Skymark Renovations into your home, we will



Evan Collins, left, Skymark Renovations General Manager, Wes Strome, Assistant Manager and Construction Estimator, and Rochelle Simpson, Client Care Representative. CONTRIBUTED

work with you to achieve your dream." Skymark takes clients through the following steps toward a great renovation:

#### **STEP 1: CLIENT CONSULTATION**

The consultation is the first step to get to know your builder and express what you desire in your home renovation.

#### STEP 2: BUDGET AND PLAN DEVELOPMENT

Skymark plans your design and provides a

quotation package and strategic plan.

#### STEP 3: SITE PREPARATION AND CONSTRUCTION

Skymark ensures your home is prepared for the construction process. "Home protect" includes safety and dust control systems to ensure your family is safe and disruption is kept to a minimum.

#### STEP 4: PROGRESS MEETINGS

Project managers check in with clients

often for on-site or phone meetings at a time that works for you.

#### STEP 5: SUCCESSFUL COMPLETION

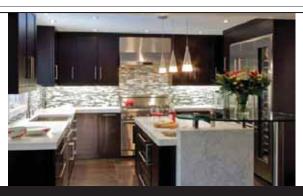
Skymark's team will walk you through your new home.

"Our quality tradespeople will work to deliver an exceptional renovation to Skymark customers on time and on budget," Collins says.

For more information about Skymark Renovations, visit skymarkrenovations.ca.







YOUR HOME HAS GIVEN YOU SO MUCH OVER THE YEARS.

MAYBE IT'S TIME YOU GAVE A LITTLE BACK?



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## 2014 PETER KOHLER PEAK AWARI

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#### PERENNIAL FIXER-UPPER FAVOURITES

Trends are recurrent and home renovations are the same, but certain renovations are always in style.

"There are definitely some trending renovations now, but to make your home more up-todate, usable and beautiful, there are certain renovations that will stand the test of time," says Rochelle Simpson, office manager and client care representative.

Kitchens and bathrooms are always a renova-

tion favourite for this reason, Simpson says.

"These are two of the most used rooms in the house, so when you upgrade them it adds value, whether you're staying in the home or looking to sell. Your kitchen is the heart of your home."

Renovators are now upgrading their countertops to stone or quartz, and adding backsplashes.

"Beautiful countertop upgrades are where you can get the biggest return on investment,"

Simpson says. "And a simple subway tile backsplash can go a long way."

In the bathrooms, people are upgrading to freestanding tubs, custom tiled showers, and upgrading the vanities and countertops.

Pantries and mud rooms are two features that people are renovating into their homes.

"Busy people want to be organized," says Simpson. "The mud room gives you a place to store your stuff right at the door. Much of the same storage solutions are used in the pantry, too."

Barn doors are another new trend that Simpson is seeing, fronting a closet, pantry, stairs to the basement, you name it.

"We help our visitors find the best renovation solutions to suit their lifestyle, tastes and budget," Simpson says. "Everyone's style is different, so it's not surprising that the home renovations they make are just as unique."

#### Congratulations from



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## Your Skymark Renovations team

When you want your renovation done right, the Skymark Renovations team of experts will advise you on the best possible ways to improve your home, provide professional advice and tips, and find what works best for your lifestyle, tastes and budget.

The Skymark Renovations company stands for quality craftsmanship and a personable, family-orientated approach to provide a smooth, transparent renovation process.

Meet your team of experts at Skymark:

#### EVAN COLLINS, GENERAL MANAGER

You could say that renovating and building homes is in his genes. Collins's grandfather started building homes in 1947 and Collins continues the tradition as a third-generation builder. With more than 12 years of experience in the renovation and new home industry, Collins takes pride in turning your dream renovation into a reality. With more than 700 homes and renovations under his belt, Collins doesn't encounter any project too large or complex for Skymark. He will visit your home, get a true idea of your expectations, and work with you to get what you want for the budget you have in mind.



CONTRIBUT

#### ROCHELLE SIMPSON, CLIENT CARE REPRESENTATIVE

With more than 15 years in the construction industry, Simpson takes pride in walking you through your building or renovating process. Possessing a flare for decorating and design, she will be there to assist you with all your interior and exterior selections.

#### WES STROME, ASSISTANT MANAGER AND CONSTRUCTION ESTIMATOR

For Skymark Renovations clients. Strome draws upon his more than 13 years of diverse experience in the construction industry, and his strong background in design, planning, estimating and project management. Using this broad base of skills, he plans and implements all stages of construction while building strong working relationships with clients to help guide them through the renovation process.

These experts from Skymark Renovations head up the talented team that will make your house a home. They will work with you throughout the process of home renovation to ensure it fulfils everything for which you are looking.

#### Congratulations to Skymark Renovations

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CONTRIBUTED PHOTOS

## Every home is unique

When it comes to renovations, one size does not fit all.

The Skymark Renovations team believes that every client and every home is unique and provides extensive one-on-one consultation to tailor renovations to homeowners' needs.

"It can be difficult when you're not familiar with home renos," says Rochelle Simpson, client care representative at Skymark. "Where do you start to figure out what you want, how to do it and what it'll cost? That's where we can help."

Lifestyle, taste and budget are some of the top considerations Skymark representatives can help renovators work within.

Are you looking to update your modern home with ultra-sleek finishes? Or imbue a small cottage with rustic charm? Or maybe you are sticking to a budget, but still want to make sure you select durable, quality materials that are going to last. Skymark has the expertise to guide you.

You also need to think about why you are renovating, Simpson says.

#### KNOW YOUR RENOVATOR

#### CHECK CREDENTIALS

Is your contractor licensed? Are they insured? Check your contractor's ratings through third-party sources.

#### STICK TO YOUR BUDGET

Make sure your contract is clear, inclusive, and in writing. Don't rely on general statements.

#### EXPECT THE UNEXPECTED

Don't presume your contractor will understand what you want. Tell them and be prepared to act fast to address any issues if they arise.

"Are you looking to increase the value of your home so you can sell it, or do you want to improve your existing, well-loved living space so you can keep enjoying it? If you have

one of those notorious avocado green '70s kitchens, it might increase your resale value significantly to upgrade it. On the other hand, if you're planning on staying in your house and you really enjoy spending time outdoors and love to barbecue, you might want to put your budget into a back deck instead."

Timeline is another important factor to consider. What timeline are you willing to work by? It can take four to six weeks to have your kitchen done, for instance, Simpson says.

Renovations can be chaotic, and can cause disruption in your house. If you are going to be living in your house through the renovation, you might want to do it all at one time rather than dragging it out.

You might also want to spend on a few renovations at once in the same area.

"If you're going to spend \$10,000 to \$15,000 on a new countertop, why not spend a little extra on a new light fixture now instead of a year down the line," Simpson says.

#### ONE-OF-A-KIND PROGRAM

The Reno2Go customer convenience program by Skymark Renovations is for anyone who wants to renovate their home to get the maximum value when they sell.

The one-of-a-kind program includes a full assessment by an interior decorator, inspector, estimator, and Skymark Home Team representative. Contact a Skymark representative at skymarkrenova-

Contact a Skymark representative at skymarkrenovations.ca to arrange a consultation.

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## BEFORE THE PROJECT

You are going to encounter the unexpected during a renovation. There are some factors you can control, however.

Here is what you should be prepared for before you start your renovation:

#### **DEFINE WHAT YOU WANT**

Before you start anything, make a list of what you like and don't like in your home. Make sure everyone living in the home agrees on the list.

#### CHOOSE COLOURS AND STYLES IN NATURAL LIGHT

Never pick paint colours under the fluorescent lights of a building supply store. They won't look the same when they are painted on your walls.

#### ORDER YOUR KEY PRODUCTS AHEAD OF TIME

When you are renovating, you are going to face some downtime, whether it's waiting for a new sink, or a popular, back-ordered style of tile. Instead of waiting for these and letting them hold you up when you are in the midst of your renovation, buy your key products and materials early so they are on-site when you need them. Select the paint, hard-



ware and tiles a month or two in advance of the project start date.

#### MINIMIZE THE IMPACT

With any renovation, dirt and dust will be bothersome. Plastic sheets are your best friend. Cover everything and keep it covered. Make sure the contractor cleans up the site daily. If you are doing a kitchen or bathroom renovation, design and install a temporary kitchen or bathroom nearby so you can function in your living space during the job.

#### BE FLEXIBLE, BUT KNOW YOUR MUST-HAVES

You must design the basic project at the start, but be prepared to modify it. No matter how well you plan, as the job progresses, things will change and you will have to make compromises. Have a clear idea of your requirements for the finished product and what you need to have or don't need to have.

#### ESTABLISH CLEAR AND REASONABLE TIMELINES

Plan delays into your renovation schedule so you won't fall behind. Then, if everything goes according to plan, you will be pleased you were done early.

#### ASSESSING YOUR OPTIONS

Homeowners fall in love with their current location, but often need to adjust their living situations as their lives change.

The Reno2Stay program by Skymark Renovations gives you full access to Skymark's professional staff and strategic partners, who can fully support you and make recommendations on the best renovations to suit your changing needs. Skymark experts will help you assess your options and make decisions that are in the best interest of you and your family.

#### RENOVATE 'GREEN'

Your renovation is your chance to go green, save energy, and save money on utility bills. Install energy efficient light bulbs. Have your home tested for indoor air quality. Cover your hot water tank with an insulating blanket to prevent energy loss. Install low-flow shower heads in all bathrooms. Design a rain barrel to capture rainwater to reuse when watering your garden.





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Heath Pierson, left, Skymark Renovations Project Manager, Rochelle Simpson, Client Care Representative, and Evan Collins, General Manager at the 2014 Peter Kohler Peak Awards. CONTRIBUTED

## Recognition among peers

Last November, Skymark Renovations won renovator of the year 2014 for Nova Scotia at the 2014 Peter Kohler Peak Awards, held at the Cunard Centre in Halifax by the Nova Scotia Home Builders Association (NSHBA) and its

The award recognized Skymark's high standards of quality, service and community engagement.

"We're honoured to be recognized among our peers," says Evan Collins, general manager of Skymark Renovations, who accepted the award.

Skymark's dedication to the community was one of the reasons for its win.

In 2014, Skymark was a part of a wide variety of industry events. Skymark was a major sponsor and participant in The Real Home Show, attended the Enerhouse conference, participated in the NSHBA House and Hammer Curling Bonspiel for Home Builders Care



Program, took part in the Penn Hills and Oakfield NSHBA golf tournaments, sponsored tables at the NSHBA consumers renovation seminar and the NSHBA

before you build seminar, and more.

The award also recognizes Skymark's support for local up-and-coming industry professionals. Skymark hired one of the students from the NSHBA and the Black Business Initiative's renovator 101 program. The company worked with Saint Mary's Sobeys School of Business accessibility program to take on two students as junior estimators.

A student from the NSSC architectural technology program recently completed her internship at the Skymark

Skymark is proud to be a sponsor of many local organized sports, including hockey, baseball and football teams.

"This award is recognition of our dedication to professionalism and quality and the difference they have made in Nova Scotia," Collins says. "We're proud to be supporting our youth and the future of our industry."

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16 Tuesday, April 28, 2015 Business Metr® NEWS

## Tidal 'doing just fine,' Jay-Z tells critics in Twitter rant

STREAMING SERVICE

#### Rapper's tweet tsunami latest effort to set record straight

Jay-Z unleashed a series of tweets on Sunday defending Tidal, the music streaming service he bought and relaunched a little over a month ago.

Tidal, a Swedish-based music streaming service entered an already crowded market, with the backing of several high-profile artists, promising higher quality audio files and more money going directly to the artists

However, since its launch, consumers do not appear to have embraced the service and last week, the app fell out of the list of top 750 Apps on the iOS app store, after peaking at 83 on April 7.

In response to the negative publicity, Jay-Z unleashed a 15-missive tweet-storm Sunday, attempting to set the record straight against the "many big companies that are spending millions on a smear campaign."

illions on a smear campaign." had Among the highlights:



Jay-Z, seen with rapper Sean Combs at the 2015 NBA All-Star Game in New York City, took to Twitter to defend his music streaming service Tidal against critics. ELSA/GETTY IMAGES

"Tidal is doing just fine. We have over 770,000 subs. We have been in business less than

one month."

"Tidal pays 75% royalty rate to ALL artists, writers and producers — not just the founding members on stage."

But there still is a long way to go. Tidal's 770,000 subscribers are relatively small compared to the current market leader, Spotify, which as of January had 15 million paying subscribers and 60 million users.

Jay-Z's final tweet pointed to an exclusive concert by Jack White on the service. That might be the path to success, or at least differentiation, for the service. So far, Tidal's exclusives have not seemed impressive, or enough to galvanize consumer interest. Part of

REACTION

Apple reportedly ta

#### Apple reportedly taking pre-emptive action

While the Tidal service definitely faces an uphill struggle, there may be some truth to the allegations about the competition. The New York Post's gossip site Page Six reported last week that Apple executives have declared war on artists who sign up with Tidal" and that the company may be taking longer to publish updates to Tidal in a pre-emptive move to help its relaunch of Beats Music, which is scheduled for June.

the issue is that because of the number of existing record label deals with artists, it's hard to get truly exclusive content.

The other is the issue of timing. Unlike streaming video, where there is a dogfight to create or lock up exclusive content for rival services — which can easily be seen in Canada as Netflix, Shomi and Crave all issuing press releases when they sign a deal for new series of exclusives with networks — music streaming is already commoditized and many of the rival services all have huge libraries with much of the same content.

TORSTAR NEWS SERVICE



## Tidal is doing just fine. We have over 770,000 subs. We have been in business less than one month.

Jay Z in a tweet on Sunday

## Train for a career in Interior



FAST FOOD

## Chipotle claims it's now 'G-M-Over It'

Chipotle says it has completed phasing out genetically modified ingredients from its food, making it the first national fast-food chain to do so.

The Denver-based chain had already been using mostly non-GMO ingredients, but was working on making final changes to its tortillas.

The Food and Drug Administration maintains that GMOs are safe, and most of the country's corn and soybean crops are genetically modified to have certain traits like resistance to herbicides and plant diseases.

In recent years, however, activists have been calling for regulations that require label+ling for foods that contain genetically modified in-

gredients. Many companies have responded to such concerns; Whole Foods has said all products in its stores that contain genetically modified ingredients will be labeled as such by 2018.

Chipotle co-CEO Steve Ells has said in the past that the company felt it was best not to use GMOs given the "lack of consensus" about their effects.

On its website Monday, Chipotle said it was "G-M-Over It."

Chipotle Mexican Grill, which has around 1,800 locations, has enjoyed strong sales growth in part by playing up the quality of its ingredients and defining itself as a more wholesome alternative to traditional fast-food chains.

THE ASSOCIATED PRESS

#### RETAIL

#### Nunavut split on beer sale

Nunavut politicians are once again facing the emotional issue of whether to open the territory's first retail store to buy alcohol.

Residents of Iqaluit strongly favoured a beer and wine store in a vote last week. But many remain deeply opposed to it, fearing further booze-fuelled social problems in a community that already has plenty of them. Supporters say easier access to beer and wine would fight bootlegging and wean some drinkers off more powerful hard liquor.

Nunavut has Canada's most restrictive liquor laws, with many communities banning alcohol entirely.

The decision to allow a beer and wine store in Iqaluit now rests with the territorial cabinet. The Canadian press

## Spokeo case in top court

The U.S. Supreme Court said it will decide whether websites and other firms that collect personal data can be sued for publishing inaccurate information even if the mistakes don't cause any actual harm.

The case is being watched closely by Google, Facebook and other Internet companies concerned that class-action lawsuits under the Fair Credit Reporting Act could expose them to billions in damages.

The justices will hear an appeal from Spokeo.com, an Internet search engine that compiles publicly available data on people and lets subscribers view the information, including address, age, marital status and economic health.

Thomas Robins, a Virginia resident, sued Spokeo after viewing a profile on himself that was riddled with errors.

#### **market minute**



**DOLLAR** 82.64¢ (+0.47¢)



**TSX** 15.344.08 (-64.25)



**OIL** \$56.99 US (-16¢)



\_\_\_



**GOLD** \$1,203.20 US (+\$28.20)

**NATURAL GAS:** \$2.490 US (-4.1¢) **DOW JONES:** 18,037.97 (-42.17)

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# METEVS

Your essential daily news

Tuesday, April 28, 2015

#### the big number

# 500:1

Those are the odds, as of press time, for a new royal baby named Daenerys, a.k.a. Khaleesi, Mother of Dragons and rightful heir to the Seven Kingdoms. A safer bet for what Kate and William will call the new princess or prince — according to top U.K. bookie Ladbrokes — is Alice (5:4) or Arthur (12:1). Today as the birthday also has good odds (3:1). But if you're really a gambling hound dog set on heartbreak, go ahead and bet on the name Elvis — the odds are a blue-moon 1000:1.

# Budget cuts will hurt kids who walk to school

YOUR RIDE Erica Butler



Nova Scotia's great austerity budget of 2015 is claiming yet another victim: a provincewide program run by the Ecology Action Centre (EAC) that addresses "school travel planning."

Two staffers have been working with 24 schools across the province to help plan safe walking routes, lobby for trails and marked crosswalks, and promote ideas such as "walking school buses" to get more kids walking or biking to school.

In my day, walking to school was the norm. My unremarkable 10- to 20-minute daily stroll came complete with stops to smell the flowers. But these days, a kid making their own way to

school is a much rarer sight.

According to EAC's Janet Barlow, only 15 to 20 per cent of kids in Nova Scotia walk to school.

United States statistics show a stark pattern of decline. About 48 per cent of kids walked or biked to school in 1969; by 2009, it was down to 13 per cent.

The negative effects of this trend are multiple: fewer active kids; worse rush-hour traffic; and more greenhouse gas emissions. It's what you might call a lose-lose-lose situation.

Which means the EAC's school travel-planning program, with its 4.5 per cent increase in walking and biking at participating schools, was a win-win-win.

Though funded by the Department of Health and Wellness, it could just as easily be funded by transportation, education, or energy.

"We've been able to show

results," says Barlow. "It's a successful program, being used across Canada and the world."

The program, along with other active transportation projects, got \$105,000 in core funding from the province, which in turn leveraged money from private foundations. If the current Liberal budget passes, that

#### Benefits of walking or biking add up to a win-win-win for everyone.

core funding will be gone, and, very likely, so will school travel planning.

What's more frustrating than seeing the province abandon a relatively tiny investment in reversing the drive-to-school trend? Perhaps seeing them ignore a perfectly good policy solution that would likely cost them nothing: better school siting.

"A lot of our schools are being built out in the middle of nowhere," says Barlow, "not embedded in communities. So kids really have no choice but to take the bus or be driven by their parents."

In the province's own Thrive Strategy, circa 2012, they recommend including active transportation in the criteria for siting schools. Three years later, they have yet to do even that.

Abandoning school travel planning is a short-sighted bottom-line decision, but ignoring how kids get to school when planning where to build one is downright foolish.

**Erica Butler** lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.

#### ROSEMARY WESTWOOD

metroview

## "B.C. is not prepared for an earthquake"

My mum can't remember what's packed into the two large garbage bins waiting by the woodpile for the big one to hit B.C. My dad was the mastermind behind the earthquake kits — the contents of which could furnish an art installation on preparedness and its quaintness. Sleeping bags. Tent. Canned food. Can opener. Shoes. Radio. Medical kit.

When the big one hits
— scientist say a mega
earthquake and tsunami off
the West Coast are inevitable
— my parents will be ready to
survive, if they survive.

There are two ways to see an earthquake like the one that hit Nepal Saturday, killing 4,000 and counting.

On one hand, there's the destruction that no government can fully prevent, and no Victoria, B.C., family can escape via stocked garbage bins. On the other hand, there's the hindsight that tells us more should have been done to shore up unstable buildings and save lives.

In between is apathy.
A report released last
month chides the B.C. government for not addressing
earthquake apathy in both
the public and inside government, and for prioritizing
short-term needs over preparedness. The government
has "hamstrung" Emergency
Management B.C. with
budget cuts, charged Henry
Renteria, author of the report, earthquake survivor and
former emergency-prepared-

ness director in California. He found little had changed since the provincial auditor general last

incial auditor general last year determined B.C. is "not adequately prepared for a catastrophic earthquake."

The government has spent millions on seismic upgrades to bridges and has promised at least \$2.2 billion for schools. But Renteria's report calls for more, including increased funding and power to Emergency Management B.C. and co-ordination between the province, businesses and government.

"You can bet those scenes of destruction can happen here," he said, referring to Nepal. Every city on this continent is vulnerable to a moderate earthquake. "Bridges, electrical systems, water delivery systems."

Accepting that more must be done, the government then put the onus on individuals, urging people to spend \$5 to \$20 on their own earthquake kits. My parent's garbage bins ("unique in the neighbourhood," my mum admits) cost more. But the news from Nepal didn't cause him anxiety, nor does a recent study suggesting a one in 10 chance the next 50 years will bring a tsunami ripping over Vancouver Island. My parents are ready to jump out of bed and roll the garbage bins to higher ground.

"We've done what I think is reasonable," Dad said. Everything else "is beyond



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Your essential daily news

No longer with Nick, Mariah Carey unveils croony breakup ballad, Infinity

## Writers protest Hebdo award

CONTROVERSY

#### PEN's freedom of expression prize divides literary world

Canadian author Michael Ondaatje is among a group of at least six writers who have withdrawn from next month's PEN American Center gala, citing objections to the literary and human rights organization's honouring the French satirical magazine Charlie Hebdo.

PEN announced Sunday that the writers were upset by Charlie Hebdo's portrayals of Muslims and "the disenfranchised generally."

The Paris-based magazine, where 12 people were killed in a January attack at its offices, is to receive a Freedom of Expression Courage Award at the May 5 event in Manhattan. Much of the literary community rallied behind Charlie Hebdo after the shootings, but some have expressed unhappiness with its scathing cartoons of the Prophet Muhammad and other Muslims.

Francine Prose, a former PEN American president, has also withdrawn.

"I was quite upset as soon as I heard about (the award)," Prose said during a telephone interview Sunday night. Prose said she was in favour of "free-



Charlie Hebdo, a satirical magazine seen here supported by a graffiti artist in Rennes, France, is the controversial recipient of a Freedom of Expression Courage Award at the PEN American Center gala next month. DAMIEN MEYER/AFP/GETTY IMAGES

dom of speech without limitations" and that she "deplored" the January shootings, but added that giving an award signified "admiration and respect" for the honouree's work.

"I couldn't imagine being in the audience when they have a standing ovation for Charlie Hebdo," Prose said.

The gala is the highlight of PEN's annual, week-long World Voices Festival and is intended as a celebration of artistic achievement and expression, with past award winners including Ondaatje, Salman Rushdie and Philip Roth. Besides Charlie Hebdo, which will be represented by editor in chief Gerard Biard and critic and essayist Jean-Baptiste Thoret, others receiving awards include playwright Tom Stoppard, Azerbaijani journalist Khadija Ismayilova and Penguin Random House CEO Markus Dohle.

Prose and Ondaatje were among more than 60 writers scheduled to serve as hosts. According to PEN, the other hosts who decided not to attend were Teju Cole, Rachel Kushner, Taiye Selasi and Peter Carey.

Ondaatje declined an interview request on Monday.

In a letter sent earlier Sunday to PEN trustees, current PEN American president Andrew Solomon acknowledged that several people were offended by some of Charlie Hebdo's cartoons, but added that PEN believed strongly in the "appropriateness" of the

"It is undoubtedly true that in addition to provoking violent threats from extremists, the

Hebdo cartoons offended some other Muslims, as their cartoons offended members of the many other groups they targeted," Solomon wrote.

"But, based on their own statements, we believe that Charlie Hebdo's intent was not to ostracize or insult Muslims, but rather to reject forcefully the efforts of a small minority to place broad categories of speech off limits, no matter the purpose, intent or import of the expression," he said.
"We do not believe that any



Michael Ondaatje is one of the writers protesting the award. GETTY IMAGES



#### Rushdie supports PEN

Salman Rushdie defends the award, saying the decision of six writers to skip the PEN gala in protest will encourage intimidation. "The Charlie Hebdo artists were executed in cold blood for drawing satirical cartoons, which is an entirely legitimate activity. It is quite right that PEN should honour their sacrifice and condemn their murder," Rushdie wrote.

of us must endorse the contents of Charlie Hebdo's cartoons in order to affirm the principles for which they stand, or applaud the staff's bravery in holding fast to those values in the face of life and death threats."

THE ASSOCIATED PRESS

#### Prince of grunge was fuelled by shame



"Shame. That's what made Kurt into who he was."

I was on the phone with a writer friend from Los Angeles discussing the new documentary Kurt Cobain: Montage of Heck.

"He suffered from imposter syndrome, afraid that someone would call him out for being a fake. That came into conflict with the knowledge that he did have talent. And partly because he came from a broken home where his strong mother constantly berated his father — which explains why he was attracted to Courtney he was never able to resolve this inner battle, even as he was being anointed the voice of a generation. Hence the shame."

This is one of the many conclusions that might be drawn from the film's two-and-a-quarter hours, which attempts to humanize the complicated Cobain from his birth to just before he took his own life in April 1994.

When Courtney Love first approached Brett Morgen to create a documentary about her late husband in 2007, he thought it would take 18 months. After all, he had previously tackled difficult celebrity topics with The Kid

Stays in the Picture, the story of Hollywood film producer Robert Evans. No such luck.

Delays were caused by Courtney's various legal black holes the lawsuits, the financial issues and the turmoil between her and daughter Frances Bean, important because she eventually served as Montage's executive producer. She was vital in securing the cooperation of the rest of Kurt's family. And then there was the storage locker. After Kurt died, Courtney heaved all his stuff into storage to prevent it from being picked over by "friends" who seemed hell-bent on stealing as much as they could. Nothing was organized or catalogued; no

one knew what was in that locker. And because Kurt was such a pack rat - anyone want to psychoanalyze that? — there was a lot of stuff to go through before any kind of narrative could be sculpted. The one that emerged is much different than expected: Beyond the expected misery, Kurt was a warm, fun guy.

Montage gets especially eerie in the sections where Morgen uses Kurt's own voice. It seems like he's narrating his life story from beyond the grave.

Kurt was a complex character. And while we'll never really know who Kurt Cobain was, Montage of Heck is probably the closest anyone will ever get.



A young Kurt Cobain in happier days. CONTRIBUTED

## Performative parenting is the pits

MANNERS

No one wants to hear you TALK LİKE THIS to your kids at dinner

**URBAN ETIQUETTE** Ellen Vanstone

Dear Ellen,

When I'm out with friends for dinner and drinks, we hate to find ourselves next to a table with unruly children. But even worse is listening to parents loudly discipline them. Kids will be kids, I get that. But, why do parents feel a need to prove how good they are at parenting? If they were that good, maybe the kids wouldn't act up in the first place.

Victor, Calgary

Dear Victor, First of all, kudos for not blaming the children, who by definition are noisy, smelly, obnoxious and unbearable to be around much of the time.

But who among us has not shrieked, vomited, thrown food or lost control of our bodily functions in public before the age of two - or, indeed, even after the age of two when certain college events or intense personal relationships got out of

As for blaming the parents, I'm with you all the way. These narcissistic, ill-bred boors are practising a style of "performative parenting" popularized by boomers in the late 20th century, now being practised by their procreating Gen X spawn. It consists of TALK-IÑG TO YOUR CHILDREN IN A LOUD, CLEAR VOICE at all times - at the supermarket, in nice restaurants, on airplanes - in order to meet the performative parent's own bottomless need for constant attention from the

They possibly think we find them witty and fascinating as they archly tell little Attila or Grendela that "Mommy can't give you any of the nice artisanal bread, darling, because the gluten might upset your stomach enzymes," at which point their co-parent might chime in to add — with a wink at his or her mate — "But seeing as it's Mommy's turn for diaperchanging tonight, maybe a little cracker won't hurt.

Hilarious. Except the poor kid doesn't get the joke.

All the little blob is learning (unless Attila or Grendela is a genius who understands organic chemistry, in which case I'll eat my hat, some crow and all the bread) is that it's OK to foist your lame-ass conversation on paying customers around you when you go out to dine in any establishment that is not a fast-food circus.

I hasten to add that I know how difficult it is to raise preadolescent humans, but good manners and common sense is all you need.

All you need to do is treat them the way a zookeeper treats a non-housebroken, slightly crazed wombat: Feed



It can be difficult to raise pre-adolescent humans, but good manners and common sense is all

and water them, shower them with love and attention, keep them penned up until it's absolutely necessary to inflict them on society.

And then train them to behave quietly and discreetly in restaurants and other public places by setting a proper example yourself.



**Need advice? Email Ellen** 

#### **Kitty Katra Domestic** Medium Hair

Two-year-old Kitty Katra, KK for short, was rescued as a stray and has her paws crossed hoping someone will fall in love with her soon. KK purrs the moment her kennel door opens and she immediately reaches out with her paws to make contact. She is curious, animated and makes friends quickly. She enjoys having her back gently petted and is utterly enamoured with any and all kind

attention. If you have room in your heart for a most deserving kitty like KK, we hope to see you soon. She is waiting right here to meet you.

For more information on **Kitty Katra** and other adoptable furry friends. visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or info@pas.spcans.ca

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METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA

#### Pink concert OK for preteens, judge rules

A mom's decision to take her 11-year-old daughter to a Pink concert has a judge saying, 'So what?"

The New Jersey judge says the concert trip isn't evidence of bad parenting.

NJ.com reports the girl's parents are divorced, and her father accused his ex-wife of abusing her parental discretion by taking their daughter to the December 2013 concert at the Prudential Center in Newark.

But state Superior Court Judge Lawrence Jones rejected the complaint in a 37-page decision that contained a brief history of rock 'n' roll and a commentary on the increasing use of judges as referees for warring divorced parents.

Jones said Pink may have some suggestive moves and lyrics, but she's an artist whose works aren't necessarily inappropriate for preteens.

Jones noted in his decision that he spoke privately with the girl, who is now 12, and took into consideration the mother's reasoning for allowing her daughter to attend the show.

He found that the mother "in no way, shape or form exceeded the boundaries of reasonable parental judgment" in



Pink isn't necessarily inappropriate for preteens, a U.S. judge has ruled. GETTY IMAGES

taking the girl to the show during her own parenting time. He also found that she didn't subject the child to any unreasonable risk of harm, or compromise the girl's health, safety or welfare.

"To the contrary, when all the smoke from the custody litigation clears, it will be selfevident that all which happened here is that a young girl went to her first rock concert with her mother and had a really great time," the judge wrote in his decision, which quoted the lyrics from Pink's songs The Great Escape and Perfect as examples of messages for adolescents.

THE ASSOCIATED PRESS

#### 🛑 IN BRIEF

#### Mom kills thrill for teens taking risk: Study

Adolescent brains negotiate risk differently than those of adults and a new study exposes what modulates their risk tolerance as they drive.

Working with teen participants accompanied by their mothers, the research team tracked blood flow in their brains as they completed a simulated driving task.

In one experiment, teens drove alone and in the other, their mothers were watching. When driving alone,

teens find risky decisions rewarding, the research revealed, but a mother's presence can nullify that thrill.

. Upon running a yellow light, blood flow increased to the

reward centre of the brain, called the ventral stratum, when the teen drove alone. This part of the brain has been demonstrated to be more sensitive to rewards during adolescence than any other part of life, but with mom watching, the effect was minimal. AFP

## McDavid sparks early changes

#### Oilers new-look front office still aglow after winning lottery

Connor McDavid hasn't donned an Edmonton Oilers jersey yet, but already he has changed the franchise's path.

McDavid hadn't even been the Oilers' prospective first overall pick in June's NHL draft for

48 hours when former Hockey Canada president and CEO Bob Nicholson was put in charge of Edmonton's business and hockey operations.

"When you look at McDavid day, it was so exciting for all of us," Nicholson said.

Almost immediately Nicholson reached out to former Boston Bruins general manager Peter Chiarelli.

On Friday, Chiarelli became the Oilers' president of hockey operations and GM.

The two experienced hockey men provide the outside voices and expertise that could lead to the end of an almost-decade-long playoff drought.

These are exciting times for this organization," Nicholson said on a conference call Friday. "For my first move in the National Hockey League, this is a pretty exciting moment.'

Getting Taylor Hall, Ryan Nu-

gent-Hopkins and Nail Yakupov first overall was supposed to lead to exciting moments, coupled with the drafting of Jordan Eberle and signing of defenceman Justin Schultz. But it took "McDavid Day" for owner Daryl Katz and the organization to make big changes.

Longtime president Kevin Lowe is out of his hockey role and now in charge of business. Under Nicholson, who presided over an era of success for Hockey Canada, Chiarelli is in charge of the day-to-day hockey decisions.

Chiarelli won a Stanley Cup with Boston, and the Bruins got to another final in 2013. He replaces Craig MacTavish, who admitted at the end of the season he might be "losing credibility" after decisions went wrong.

Nicholson wasn't specific about Mac-Tavish's role Friday because the process with Chiarelli moved quickly. It all started

with lottery balls falling in the Oilers' favour to land McDavid and Chiarelli.

"It certainly wasn't a deal-maker," Chiarelli said. "The group here with Bob and Kevin and Daryl, the relationships there really helped out. That pick is a tremendous pick. To try and move up from three or four to get that pick under normal circumstances — you couldn't do it, and especially with the calibre of player that's available.

That was a huge, huge cherry



Connor McDavid is hard at work with his Erie Otters through to the Ontario Hockey League's Western Conference final.

on top to have that. But the decision wouldn't have been any different.

AARON BELL/OHL IMAGES FILE

When Chiarelli flew to Edmonton with his wife and son, it wasn't a slam-dunk decision. At first the Oilers' interest was "flattering" but then Chiarelli started taking it seriously.

"I said to my wife, it's like when we went out and got our second dog," Chiarelli said. "We we weren't planning on bringing that dog back with us, but when

we saw it in the cage, we're like, 'We've got to take it back with us.' I kind of knew that was going to be the same thing."

Chiarelli now has decisions to make, starting with the rest of the front office and the coaching staff. As much as Todd Nelson got out of the Oilers in replacing Dallas Eakins, coaches such as Todd McLellan, Paul MacLean, Dan Bylsma and Peter DeBoer are already available and Mike Babcock, Ken Hitchcock, Claude

Julien and Dave Tippett could be soon.

Another decision on the docket really isn't one at all. Even though Chiarelli wouldn't confirm it, the Oilers' store might as well start printing McDavid 97 jerseys.

"He's a heck of a player," Chiarelli said. "I love him as a player."

When McLellan left the San Jose Sharks, he answered a question about coaching McDavid

about the team.

"One thing that I've learned: You can have the best player and still not have the best team," McLellan said. "It's about team, it's about a group, it's about the whole organization and the culture of the organization."

With Nicholson and Chiarelli running the show, the culture seems ripe for McLellan or another elife coach to step in and make these very exciting times in Edmonton. THE CANADIAN PRESS

#### **Kuznetsov boosts** Capitals in Game 7

Connor McDavid's Erie

Otters lead their best-of-seven series with the

Sault. Ste Marie Greyhounds 2-1. McDavid has 18

playoffs games.

goals and 32

the first round by the Washington Capitals finally delivered a breathtaking, winning goal in a Game 7. No, not Alex Ovechkin – Evgeny Kuznetsov.

Skating around every opponent on the ice, Kuznetsov scored the go-ahead goal with less than 7-1/2 minutes left in Game 7, and Braden Holtby only needed to make 10 saves Monday night, lifting the Washington Capitals past the New York Islanders 2-1. THE ASSOCIATED PRESS



**Evgeny Kuznetsov scores the** winner on Monday night in Washington. GETTY IMAGES

#### **IN BRIEF**

#### Johnson's money game carries Lightning through

Tyler Johnson scored two goals in his latest stellar performance and the Tampa Bay Lightning held on for a 5-2 win over the Detroit Red Wings on Monday night, forcing a Game 7 in their firstround playoff series.

Johnson and Jason Garrison scored in the first period, and Johnson added another goal in the second to give the Lightning a 3-0 lead. Tomas Tatar scored twice for Detroit.

#### Doughty, Karlsson, Subban named Norris candidates

The NHL announced its finalists for the 2014-15 James Norris Memorial Trophy on Monday.

Drew Doughty of the Los Angeles Kings, Érik Karlsson of the Ottawa Senators and P.K. Subban of the Montreal Canadiens were voted as the three finalists for the trophy that's awarded "to the defence player who demonstrates throughout the season the greatest all-round ability in the position." THE CANADIAN PRESS

#### **Deron shoots down** Hawks to tie series

Deron Williams rebounded from two dismal games with 35 points, and the Brooklyn Nets pulled out a 120-115 overtime win over the Atlanta Hawks on Monday night, tying the series 2-2.

The Nets, just 38-44 in the regular season, won the second straight in the series and moved two victories from becoming the sixth No. 8 seed to beat a No. 1 — only the fourth since the first round became best-of-seven.

Bojan Bogdanovic made the go-ahead three-pointer with 1:25 **GAME 4 In Brooklyn** 





left in OT but the Nets never would have gotten there without Williams, whose 16 points in the fourth quarter were two fewer than he had total in the first three games of the series. THE ASSOCIATED PRESS

**22** Tuesday, April 28, 2015 **metr** SPORTS



#### PLAYERS AND THEIR OTHER PROFESSIONS

The 23-woman Canada roster announced Monday for this summer's Women's World Cup is more than a collection of soccer players: It's an eclectic group with many strings to its bow. Here's a look at some of the women's off-the-field talents.

THE CANADIAN PRESS ALL PHOTOS GETTY IMAGES



#### Erin McLeod: Artist/entrepreneur

A renaissance goalkeeper, McLeod is a talented artist whose first solo show, titled Limitless, in Toronto was a hit in the fall of 2013. "I've always drawn. It's always been kind of my release." She currently has 13 commissioned pieces on deck. McLeod says her strength is "pencil sketching and attention to detail" but often mixes the pencil work with acrylics to add colour. The Alberta native, who has a home in North Vancouver, also is an investor in and brand ambassador for Peau de Loup, a clothing line founded by Vancouverites Adelle Renaud and Beccy Anderson. The company has a date on the Dragon's Den TV show and is slated to create travel suits for the World Cup team. For more information, visit erinmcleod.net and peaudeloup.com.



#### 2 Desiree Scott: Zumba instructor

The tenacious five-foot-two Winnipeg midfielder, known as The Destroyer, loves to dance and took a course in 2014 to get certified. Zumba uses a mix of salsa, reggaeton, merengue and other music. "It's just about really feeling the music and it actually is a workout ... it's a fun way to get some exercise in."

Follow @MsDScott11 on Twitter.



#### Lauren Sesselmann: Fitness DVD guru

The American-born defender, who qualifies to play for Canada through her father, who was born in Stephenville, N.L, has her own successful fitness program called Fit As a Pro, which focuses on quick, high-intensity on-the-go workouts. "I absolutely love it. Fitness is a part of our life, so it's something that really interests me ... and if I can help other people get to that level, that's definitely my dream."

For more information, visit fitasapro.com.



#### 4 Melissa Tancredi: Chiropractor

The veteran striker, who has three degrees, started her chiropractic studies in 2006 and graduated last year, after essentially taking 2013 and 2014 off from soccer to focus on her studies. She started in pre-med at Notre Dame but became interested in becoming a chiropractor, recommended by the football team, after seeing one for back problems. "He treated me and he started giving me books and stuff to read and I really fell in love with it." The native of Ancaster, Ont., graduated from Logan College of Chiropractic in suburban St. Louis. **Follow @MelTancredi14 on Twitter.** 

#### **5** Emily Zurrer: Food truck owner

Emily Zurrer and Selenia Iacchelli are food truck co-owners. The two friends and teammates, along with lacchelli's sister, own a Vancouver food truck called Sweet Ride FroYo 'n' Waffles, which hit the road in the summer of 2013. The business is currently on the backburner because of their soccer demands. The big seller? That's easy, says Zurrer, a defender from Crofton, B.C.. It's the Sweet Monkey, which is a Liege waffle with frozen yogurt, peanut butter, Nutella, banana and Skor pieces. "Don't tell Cesar about that one," joked Zurrer, referring to Cesar Meylan, the sport scientist tasked keeping the women in peak physical condition. Follow @SweetRideFroYo

Follow @SweetRideFroYo on Twitter



#### WOMEN'S WORLD CUP

## Canada rolls dice on dinged-up Matheson

- 28-year-old midfielder Selenia

lacchelli, with four

appearances has fewer than 10

Midfield dynamo Diana Matheson, sidelined by a serious knee injury last October, has made Canada's 23-woman roster for this summer's World Cup.

The 166-cap veteran, whose work ethic and passing help Canada unlock defences, tore her anterior cruciate ligament in a 3-0 friendly loss to Japan. She has been seen with crutches in recent days after injuring a foot during her rehab.

But the 31-year-old native of Oakville, Ont., is no stranger to comebacks.

Matheson, who stands just

a half-inch over five feet, had knee surgery to repair torn car-

tilage in her right knee in November 2011. The recovery time was longer than expected but she recovered to play in the 2012 Olympics, scoring the stoppage-time goal that beat France for the bronze-medal

for the bronze-medal.

Talismanic forward Christine Sinclair, with 222 caps

and 153 international goals, will serve as captain. The 31-year-old

from Burnaby, B.C., is one of six players with more than 100 national team appear-

ances.

The others are Matheson, fullback Rhian Wilkinson (163), midfielder Sophie Schmidt (131) and goalkeepers Karina LeBlanc (110) and Erin McLeod (104).

(104).
They're the spine of a team that went

from dead last at the 2011 World Cup to the podium at the 2012 Olympics in London.

"Today marks the culmination of three years of dedicated work from the team and we are pleased with the final selection," head coach John Herdman said in a statement. "After the Olympics, we challenged the players to shed an old skin and strive to be even better as a team, and as individuals.

"Ultimately, we feel that this group of 23 makes us the best team we can be across our four corners of the game. They fully deserve this honour."

THE CANADIAN PRESS



Canada captain Christine Sinclair jokes with her niece after the Women's World Cup roster was announced on Monday in Vancouver. DARRYL DYCK/THE CANADIAN PRESS

#### **RECIPE Chili Topped with Cornbread**

#### **EAT LIGHT AT HOM**

Rose Reisman



#### **Ready in**

Prep time: 15 minutes Cook time: 42 minutes

#### Ingredients

#### Serves 6

- 2 tsp vegetable oil
- 1½ cups chopped onion
- •1 cup canned corn kernels, drained
- 2 tsp minced fresh garlic
- · 8 oz extra-lean ground beef
- •1 can (19 oz) red kidney beans, drained and rinsed
- 2½ cups tomato sauce
- •1 cup diced potato
- 1/2 cup chicken or beef stock • 2 tsp chili powder
- 11/2 tsp dried basil
- 1/2 tsp cumin
- 1/4 cup chopped fresh parsley

#### Cornmeal Dumplings

- 2/3 cup all-purpose flour
- 1/3 cup cornmeal
- 11/2 tsp baking powder
- 2 tsp granulated sugar
- 1/3 cup milk
- 1 egg
- 2 Tbsp vegetable oil
- · 2 Tbsp chopped green onions or chives
- •1 cup grated low-fat cheddar cheese

#### **Directions**

- 1. Preheat oven to 400 F.
- 2. In a large skillet add oil, onions

corn and garlic; cook until corn begins to brown, about 5 minutes. Stir in the beef and cook for 5 minutes, until the beef is cooked.

- 3. Stir in the beans, tomato sauce, potato, stock, chili powder, basil, and cumin. Bring to a boil, reduce the heat and cover. Simmer for 20 or just until the potatoes are tender.
- 4. While chili is cooking: combine flour, cornmeal, baking powder, sugar, milk, egg, oil, green onions and 1/2 cup cheese until combined and spoon over chili in about 6 large mounds. Add remaining half cup cheese and bake for 12 - 15 minutes or until cornbread is cooked.

#### **Nutrition information per** serving (recipe serves 6)

- Calories 470
- Protein 26 g
- Fat 13 g
- Saturated fat 4 g
- · Carbohydrates 60 g · Cholesterol 56 mg
- Sodium 565 mg
- Fibre 8 g
- PHOTO: ROSE REISMAN

#### CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS 1. \_\_ salts 5. The \_\_ Brothers (Montreal folk quartet) 9. Allow 12. Hodgepodges 14. Take \_\_ from (Be influenced) 15. Rabbit-like animal 16. Finished/ broken, in slang 17. Sawing cut 18. Aussie footwear 19. The Caped (Batman) 21. Greatest extent 23. Ancient style of ruler 24. Jump 25. Gold: Span-

ish 26. Brown \_\_ (Type of catfish) 30. Ride the waves 33. Enroll again; or, make an etched dedication again 35. Vertical 37. Fireplace segment

- 1935 novel The African Queen,
  - (b.1899 .... <u>...</u> (b.1 · d.1966) 42. "\_\_ do!" ("No you don't!"

38. Formula

39. Author of

retort) 43. Island state of Australia 44. Globe

#### 16 18 17 19 23 35 36 39 43 56 58 59 60 51

46. Cheese nibblers 47. Crouched 51. Robe in 1980 miniseries "Shogun" 54. Cabinetry wood 55. Balanced

56. Stagger

58. Lucifer

59. Buddies 60. Erupter of Europe 61. Humdrum 62. Mtn. blaster 63. Gulf War missile

#### 64. Feet finials DOWN 1. Italian ball

2. Startle 3. Slant skywards: 2 wds. 4. Centre Block on Parliament Hill is where its mem-

sport

bers sit: 3 wds. 5. Cookies and cakes creator 6. Computer

company 7. Sci-Fi play 8. Fills the tank with additional gas

9. Lake: Spanish 10. Energy units 11. Check 13. Brenda \_\_, Reporter (Classic comic strip)

15. Oscar-winning actor for his performance as the Canadian captain (who is Cockney in the book version, as per #39-Across) of a steam launch in "The African Queen" (1951): 2 wds. 20. Gateway 22. Powders 24. Aerob ics move 26. Region's flora and fauna 27. Emerald entity 28. Catching \_ \_ (Commut-er's task) 29. Half, in Hull 30. Group 31. Sky bear 32. NHL officials 34. Vintage dairy products cow 36. VIA vehicle 40 Extras on 6/49 tickets 41. Rocker, David Lee who? 45. Henhouse

47. Lunchtime order 48. Flagstonescreated retreat 49. Matrikin 50. Units of force 51. Saved 52. Mr. Terrible the Tsar 53. Thaw

54. Restaurant's 'book' 57. And so on [abbr.]

#### \* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Life is good and getting better by the day, the hour, even the moment. You may find that hard to believe but only because you are focusing on things that are no longer of any importance to you. Expand your horizons, and have fun.

Taurus April 21 - May 21 You are full of energy and enthusiasm now, but that does not mean you should throw caution to the wind. By all means be bold today but have a goal too, something you can work towards, if only by indirect means.

Gemini May 22 - June 21 You may be tempted to bend the rules a bit today but the planets warn you won't gain much if you do. Not only that, but later in the week your conscience will nag at you.

Cancer June 22 - July 23 Try not to worry what others might think of you. If certain people disapprove of what you are doing you should take that as a sign that you are doing the right thing. In fact, the more you shock them the better!

**Leo** July 24 - Aug. 23 Tackle tasks and objectives you might not have the confidence or courage to tackle at other times. Yes, powerful people are likely to oppose you but you are pretty powerful too in your own way.

**Virgo** Aug. 24 - Sept. 23 Nothing is beyond you now and if you put your mind to it you can reach new heights over the next week or so. This is also a good time to go back and try again at something you failed at earlier in the year. **Libra** Sept. 24 - Oct. 23 You seem to be having trouble at keeping a desire of some sort under wraps. Perhaps you should take the hint and let everyone know about it. According to the planets others will applaud you for being so open and honest.

**Scorpio** Oct. 24 - Nov. 22 With Mars moving through your opposite sign there are sure to be times when others rub you up the wrong way but you must not get aggressive in return. Give them the cold shoulder.

Sagittarius Nov. 23 - Dec. 21 If something you are working on does not seem to be making progress most likely it's because you are trying too hard. You are at your best when you are relaxed, so slow down and calm down and you'll master it soon.

Capricorn Dec. 22 - Jan. 20 You will make efforts above and bevond the call of duty over the next 24 hours. The Sun and Mars in the most dynamic area of your chart makes you feel like you can take on the world and win. And you know what? You can!

Aquarius Jan. 21 - Feb. 19 The fact that you seem to be the odd one out is not cause for concern. More than any other sign Aquarius likes to think and act against the grain - it's what makes you special

Pisces Feb. 20 - March 20 Deals and negotiations of all kinds will go well today - you know just when to act tough and just when to make concessions. Listen to that small voice inside your head

#### **CONCEPTIS SUDOKU by Dave Green**

Every row column and box contains 1-9

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